



# The Capon Weekly

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Saturday, August 11, 2007

CAPON SPRINGS, WV

## Second generation passing

After a brief illness, Capon family member Lyn Austin passed away on Sunday, August 5th at the Winchester Medical Center. Lyn grew up in Rochester, New York and married Ted Austin before beginning her lengthy career at Capon Springs & Farms. For most of her professional life, she managed the housekeeping department. And



because of her leadership skills presiding over Capon's homemade goodies, she was affectionately referred to as the "Queen" of the Food Shop.

She raised four children, two of which, Carolyn & Tom, have made their working careers at Capon. Her daughter, Beth Rosenfeld, works for the Department of Health & Human Services and resides in Gaithersburg, while her youngest daughter, Robin, lives in Winchester and works with her husband, John, in estate administration.

Lyn could be seen during her retirement years at Capon, chasing around and spending most of her time with her beloved seven grandchildren, and more recently her five great-grandchildren. Lyn would go on to manage the charitable re-sale shop at Westminster Canterbury, the living community where Ted and she resided. A loving wife, sister, mother, grandmother, and great-grandmother, Lyn Austin will be missed dearly.



A memorial service was held Wednesday, August 8th, at Westminster-Canterbury, celebrating her life. Her grandsons Dan Budnyk, Jerry Dorsey and Chris Dorsey all shared remembrances of "MeMa". Tom Austin honored his mom by crafting an inspired poem entitled, "Thank God You're There". After the service, a PowerPoint photo presentation captured some of her cherished time with us.

## Front Porch chatter....



Newly installed fans at the lodge brought cool relief from this week's brutal heat and humidity for the outdoor meals on the hill. Bub Brill and his maintenance crew made quick work of getting these high speed air movers up and running.

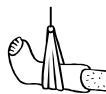
After five years of crazy cuts, Ben Walen decided to forego the hair treatment by Katie Kattermann because, "I don't have enough hair to work with," explained Ben. "I was really looking forward to the tradition," remarked a disappointed Katie, "but I don't think we can top the ear muff style of last year," she quickly added.



One person who did keep up his traditional stylish headwear was Judge Tim Murphy. In addition to supporting his son and daughter-in-law with Virginia Tech gear, "the judge" offered a variety of animal and patriotic hats. On Wednesday morning, one of the hottest days of the year, Tim sported a cap in the shape of a large carton of milk.

Once again Liz Fuller used much of her 12 days at Capon helping the garden crews make the grounds look even more appealing. Bringing her own tools, Liz's help has been especially appreciated this year as groundskeeper Ginny Brill has taken on the responsibility of running the spa, severely limiting her time available for outdoor work.

As an active duty marine, Doug Robertson was in a 10 week officer training program. The best he could hope for was a weekend furlough for his family Capon trip this year. However, one week shy of graduation, he broke his foot when he kept running despite having a stress fracture. Now he will have to wait until the next cycle to finish his intense program. The only silver lining was that his injury meant he was released from the rigors of military training and his commanding officer sent him packing for an extended weeklong Capon campaign.



Though Doc Burke has completed two Ironman competitions, he made the ultimate physical sacrifice this past March when he donated one of his kidney's to his cousin Chip. (Chip came up Tuesday to visit with the Burke family.) Though he has had to give up running for now, it didn't slow him down in this week's tennis tourney.





## Golfer's Delight

Tuesday morning's golf tournament produced two teams with identical 6 under par scores forcing a playoff. After both teams tied on the shortened number 9, the closest to the pin (shortest putt) put Anthony Trasatti, Keegan Johnson, Dan Slattery, Larry Shulman and Terri Ozley in the winner's circle. Vince Trasatti, Jr., Mike Golden, Joe Spruill, Doug Oglesby, Joe Baker and Kristi Oettinger settled for the runners up spot.

In Friday's tournament, 6 under par was the magic number again. This time, only one team hit the winning combination. The team of Dennis Johnson, John W. Geary, Wally Green, Jamie Robertson, and Terri Ozley posted six birdies for the win. Three teams tied at 5 under par and they consisted of the following players: Bob Nunnally, Andy Ryscavage, Stephen Brooks, T.J. Murphy, Stephanie Summers, Rose Trasatti, Lee Ozley, Tom Ryscavage, Sharon Helbert, Larry Shulman, John Burke, Brendan Burke, Bill Brooks, Ben Walen, Mike Golden, Paul Robertson and Peg O' Connor.

**Another Burke Baby!** Yes, Jennifer Pablo is pregnant again, but this time it is Joy & Pat Ryscavage who are expecting their first little one March 26.

### BIRTHDAYS

8/6 Dan Slattery, Larry Shulman  
 8/7 Susan Fenton  
 8/8 Laura Trasatti  
 8/9 Chase Bowman  
 8/10 Steve Brooks  
 8/10 Stephanie Summers  
 8/10 Michael Trasatti  
 8/12 Marion Green  
 8/12 Benjamin Helbert  
 8/12 Gabriel Trasatti, Lee Ozley



### ANNIVERSARIES

8/5 TJ & Katherine Murphy  
 8/6 Phil & Ruth Nielson  
 8/11 David & Annette Green

## Last Summer Fling and Fall Update

For a final summer fling, come stay with us beginning Sunday, August 26. If clear skies are available, enjoy some rare astrological phenomena.



Besides the usual Perseid meteor showers, the moon will provide an exciting show. After enjoying the Starlight Dance on Tuesday, August 28, head to the golf course to see a rare lunar eclipse which will produce an unusual orange moon.

Or come for a portion of the Labor Day weekend when Sunday night, Sept 2 is available. Continue on Monday night, Sept 3rd when the four night special begins, and then runs until Friday the 7th. Off season rates start in September and run for the rest of the season. Discounted weekday rates also return in September and are just \$100/night/person anywhere with a private bath. (Main building rooms without bath are only \$80/night/person.)

If you like the sounds of the Big Band era, join Red Arwood's Jazz band Tuesday, October 16th, right in the middle of the last 4 night special of 2007.

Thinking about next year already? The leap year helps create some opening blips in the reservation calendar. Besides the early May weekday time periods, exclusive use can still be yours on the weekend of May 30-June 1.

*What was that helicopter doing flying so low around Capon on Thursday morning? The leading theory among guests is that it was Chad Perdue and Justin Creech who were heading to Greg Espach's wedding this weekend. Chad was unreachable to confirm this hypothesis.*

## 75th anniversary notes

75th anniversary guests who were honored this week included George Ferraro, Adam Kenner, Alice Kenner, John & Toni Pepe, Bob & Peggy Nunnally, Eve Walker and Bob & Betty Welch. This distinction goes to guests who have made at least 75 separate visits to Capon or have accumulated over 365 days at Capon (as best as the official records allow). Barbara Murphy was also honored for her guidance and advice as a Capon Board of Directors member.

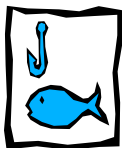
**This week in history...** Eleven years ago, Buz Burke won the Camper of the Week award for his multi-activity participation, including a dip in the pool for the first time in nearly seven years! Matt White had to miss his week at Capon in 1996 because he was in Cuba playing for the Junior National USA baseball team. Now retired from professional baseball, Matt stopped by for the 75th anniversary celebration this past May with his cousin Kim, parents and grandmother. They all returned this week to see old friends and relive those youthful summers spent at Capon.

## WORDS TO LIVE BY

"You learn to give yourself with every gift you make. Not to give little of that which you have in abundance. It is well to give when asked, but better to give unasked. You learn that a better sermon can be preached by your life than by your lips.."

*In loving memory of Lyn Austin  
From: You are Greater Than You Know  
by Lou Austin—  
Co-founder of Capon Springs,  
Founder of The Partnership Foundation*

## Gone Fishing...



Peyton Helbert didn't waste any time helping herself to about 10 of the 60 newly stocked bluegill released to Capon's main pond on Tuesday. On Friday, Bobbie Butler snagged a 30 lb carp but when it broke her line, Sam Ward waded into the pond to wrestle the beast to shore for the mandatory photo-ops.

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# Friday Stage Show

Three young "singers", under the direction of the ever patient Patty Austin, provided the first moments of entertainment with their rendition of their three rehearsed songs. Marc Shulman then took over with a piano piece. Later on he offered his violin skills, as did Philip Kenner. Eric Rosenthal used a large cello to make his music. As a commercial interlude, Peyton Helbert and Gatsby Rider showed the secret to opening an umbrella: patience. Ellen Ward & Celia Giancola displayed an appreciation for art and President Lincoln with their mystery skit. Maggie Murphy demonstrated her hula hoop skills before Maggie Mihm joined Kathleen Slattery for some high stepping Irish dancing. Next, Philip Kenner, Gatsby Rider and Peyton Helbert brought back the "Ghosty & Panter" characters for part three: "The Great Escape". This time, they taught all of us the effects of practical jokes gone too far and how society deals with the jokester (Ghosty).

All the female Heim grandkids shared their version of "Mother Goose" stories by jazzing up the rhyming poems with some Capon references. Harry Potter was put to the test with a [YouTube](#) rendition of the "Mysterious Ticking Noise". John Ward brought his guitar for a singalong trio of fun tunes, including one with his son Sam about what they would do if they had a million dollars. To help prepare for the end of the show, Patty Austin played the piano. Afterwards, she presented a sight and sound montage of this week's guests projected on to the big screen.

## Table tennis repeats



When defending champ John Burke opted back in after opting out of this week's ping pong tournament, his late entry forced him to hoe a tough road. After opening with a tough 21-14 win over Eric Tumperi, he endured a nip and tuck affair with Jon Shulman before coming on strong to close out a 21-17 win. John Machulak pushed him to the brink in the semi's before Burke claimed his spot in the finals 21-17. Younger brother Conor had an easier road to the finals, if not an easier start. After struggling to defeat James Machulak 21-18, he topped Stan Shulman and Marty Burke to meet John in the finals. Both brothers agreed to a 2 out of 3 final, but only two games were needed. Conor took the upper hand in both games and patented John rallies fell short both times, allowing Conor to complete the upset.

In the younger tournament Matt Heim and Marshall Tumperi were the class of the field and they made their way into the finals with little trouble. In the final match the two warriors treated those seated on that end of the building to some long rallies. Marshall took the upper hand and though Matt played very well, Marshall would not give up that lead and held on for a 21-17 win. The closest game in the younger tournament was a 21-19 game involving the winner, Joseph McGee and Lauren Petrillo. In the older set, Marty Burke needed extra play to eliminate Joe Baker, 23-21. This week's crew provided some of the best competition in the house this summer.

## Tennis Report



Unlike most weeks when going to the upper court is the least desirable (because of the hill to climb) the heat made it the place to be, because it had the most shade. As in previous years, one side of the bracket produced a classic match up between John Burke & Erika Maynard vs. Thomas & Jennifer Pablo to decide the flight winner. John & Erika were behind two games in total scoring, so they had to pull out at least a 3-1 victory to advance. With great net work by Erika, they went 4-0 and went right to the full set final. The lower bracket winners, Doc & Paivi Burke, were waiting for them.

Last year, John & Erika took the early lead and then fought off a late charge in overtime to win. This year, they took the early lead, but Doc & Paivi played inspired tennis and closed out the set 6-3. Doc, despite having kidney transplant surgery just five months ago, made diving saves for dramatic points.

## Free Throws

Due to blistering temperatures and triple degree heat indexes, the free throw tournament was moved to Tuesday afternoon so that the race could be held on Friday, with forecasted lower temps. Despite shooting very early on, John Burke posted a very solid 8 out of ten free throws. It appeared as if this score would stand up, until latecomer Keegan Johnson stepped up to the charity stripe and gracefully tied John's score. A shootout ensued with Keegan's three out of five besting John's bagel. Andy Rosenthal, youngster Maggie Mihm, and Buz Burke all put up valiant efforts, but fell just short on their last few shots.



## Runners Rally

Tuesday's mile run was postponed until Friday because of the August heat and Thursday's ping pong champ, Conor Burke became Friday's mile champ. Conor led the way for the 45 runners with a time of 5:22, shaving 15 seconds off last year's time. A sprinting Sam Ward just edged John Burke for 2nd and Marty Burke finished fourth. Age group winners for the males included Mikey Durrwachter, Sam Ward, John Burke Gabe Trasatti, and Richard Rosenthal. Catherine Green finished 10th overall to be the ladies champ this week. Rachel Durrwachter, Hannah Brown, and Linda Tumperi were the age group winners among the ladies. Grace Heim improved her time by 2 minutes thus earning the best effort award—peach jam.

## Shuffling Showdowns



This year, thirteen pairs of shufflers hit the courts Thursday morning; one more than last year's record setting round up. More than a few 12 year olds were making their last bid for the title before moving up to the adult ranks next year.

The heat that affected all other sportsters this week did not seem to slow down the puck action for the kids. Some quick first round matches were followed by a few extended games where it seemed that no team could make it to the 30 point mark. However, no match was called on account of the 30-minute time limit, despite the wishes of some of the parents. After finishing off their first match in record time, Marshall Tumperi and Abby Murphy had a marathon game against Marc Shulman & Kole Butler before advancing to the semis. Then, with two passes of the court, their next round was over, and they were eliminated by Mikey Durrwachter and his partner, late entrant Christopher Oettinger. Mikey ignored the usual boy/boy girl/girl match up in the finals, so he could line up next to his sister Natalie. Along with her teammate Nathan Tumperi, they made short work of the contest, leaving her brother behind and taking the top prize.

In adult action, warm temperatures and occasional thunderstorms didn't dampen the enthusiasm of these serious shufflers. By Thursday night, 6 of the 8 quarterfinalists were determined. John Machulak switched back to playing with Jean Robertson after getting knocked out in the first round last year. Yet that move proved equally tough as they had a line up of strong opponents. Even if they had gotten past Bill Kelley & Sandy Butler, they would have had to play the defending champions Adam Green & Hannah Brown in the semis. Instead, it was Adam & Hannah who advanced once again to the championship match.

In the other bracket, Shannon Petrillo, with brother Scott Burton, advanced to the semis only by besting her daughter Lauren. There they met their match when they came up against last year's runners ups- Joe Baker & Peggy O'Connor. Joe & Peggy made quick work of the games to set up a repeat of last year's championship with Adam & Hannah. Come see if the same result happens after dinner Saturday.