



The Capon Weekly

VOLUME XXX, ISSUE 12

Saturday, September 1, 2007


CAPON SPRINGS, WV

Labor Day History

The observance of Labor Day began over 100 years ago. Conceived by America's labor unions as a testament to their cause, the legislation sanctioning the holiday was shepherded through Congress amid labor unrest and signed by President Grover Cleveland as a reluctant election-year compromise.

In September 1892, union workers in New York City took an unpaid day off and marched around Union Square in support of the holiday. Protests against President Cleveland's harsh methods made the appeasement of the nation's workers a top political priority. In the immediate wake of the strike, legislation was rushed unanimously through both houses of Congress, and the bill arrived on President Cleveland's desk just six days after his troops had broken the Pullman strike. 1894 was an election year. President Cleveland seized the chance at conciliation, and Labor Day was born.

Family gatherings...

 Three generations of families gathered this weekend including: Moore, Roos, Hennessey, Harris, Newell, Romness, Cassell, Lawrence, Finagin, Cobren, and Trimble families. The Leoffler and McCarthy families are four generations strong.


Sports round up



Tuesday morning's ping pong action saw 19 players vying for the championship. Amanda Hollick won two early matches before being knocked out in the quarterfinals by eventual finalist Mark Lewers. Sally Morbeck did one better by winning a third match before losing in the semis to Mark's dad Bill. In Mark's semi, it took an overtime win to get past Derek Cobren. That gave him the chance to go against his dad in the championship match. However, experience won out over youth and Bill took top honors.

Despite the enthusiasm of Wayne Smith and Amanda Hollick only seven people signed up for Tuesday one mile race. Without the quantity to fill the field, those racers will have to wait until next year to better their running times.

On Wednesday morning, a small but spirited gang of kids showed up in the Meeting House to learn and play music with Patty Austin.

 This week's shufflers topped last year's record of 14 pairs by one team. Opening the tourney to ages 6 to 100, created more parent/child combinations. Two couples, Scott & Lisa Van Leer and Andrew & Katharine Leithead, surprised themselves by advancing to the semi-finals before running out of points. Without the defending champions here this week, last year's runners up (and 2005 champions) Sev & Toni Leoffler took their bye in the first round and headed straight toward the finals. In the championship match, they squared off against father/daughter duo Stuart & Katie Carothers and played to 50 points instead of the regulation 30 total necessary to win. Scoring at will, Sev & Toni once again mounted the leader board to take home the cookies & 75th anniversary mug.


On Friday morning, five foursomes led the charge for the final best ball golf tourney of the year. After being rained out last year, this week's duffers enjoyed a cool misty morning to tour the course. A two under par score left two teams tied for the win. Chapin Jones, Sev Leoffler, Jr., Brent Finagin and Sandra Leoffler and Sev Leoffler, III, Ryan Cliche, Derek Cobren and Sara Harris each had three birdies, but it was hole #8, "Easy Bogey", that both teams lost a stroke to par.

After lunch, the basketball court was the place to be. Sixteen shooters lined up at the free throw line to make their best out of ten tries. In the end, Kathy Moore sank five for the win. Jesse Rome broke the second place logjam at four by making all of his extra round shots.

Summer Turns to Fall

Rate savings start Labor Day Monday, with the first of two remaining four-night specials: September 3-7. Also, during most weekdays in September and October, everyone can enjoy daily rate savings.

To lead off the educational and entertaining programs scheduled this September, guests will get some insight into Capon's past with slide shows, tours and presentations about Capon's unique history. The first session starts this Monday night after the chicken BBQ. The following week will feature sessions involving spa services with a focus on aging well.

 Claire Bellingham, daughter of Lou & Virginia Austin and professional counselor and educator, will lead the Monday and Tuesday morning sessions. Cathy Embrey, wellness instructor and massage therapist, will lead workshops on Tuesday evening and Wednesday morning, which will feature energy worker Fran Call. On Monday night, guests will be treated to samples of massage and reflexology.

The traditional instructional programs of water color painting and bridge playing fill out the weekday programs in September. Apple Butter making will soon take over as the place to be.

In October, leaves start to turn and guests have one more opportunity for the four night special, 10/14-18. During this stretch, the added treat is a dance featuring the jazz sounds of the Red Arwood Band. As the season winds down, exclusive use can still be yours anytime between Sunday, October 21 and Thursday, October 25.

Celebrations



BIRTHDAYS

- 9/1 Denis McCarthy
- 9/2 Claire Cliche
- 9/2 Rob Weyrich
- 9/3 Morgan Moreland

ANNIVERSARIES

- 8/27 Bill & Gloria Finagin

75th anniversary News

Over a dozen hidden tokens were discovered this week as guests combed the grounds at Capon for the elusive commemorative coins. In honor of Capon's 75th anniversary, Bill & Gloria Finagin and Sev & Grace Leoffler were presented with special packages of Capon goodies for their generosity over the years.

THIS WEEK IN HISTORY...

Forty five Years ago, Willard Wirtz was named US Secretary of Labor while on vacation at Capon...

Twenty five years ago, Junior Dunlap and the maintenance crews resumed work to restore the log cabin... Ten years ago Bethany Schiffman, paired with Jack Sharkey, was a kid shuffleboard winner... Five years ago, first timer Suzanne Tully called a special game of Bingo. Later that night, two of her kids, Liam and Virginia, were the final two standing in the worst card game. (Virginia won!)

Words from Capon founder Lou Austin from his children's book:

"The Little Me and the Great Me", which celebrates the 50th anniversary of its first printing: "I've told you lots of secrets. Sometimes you hear secrets and you are not supposed to tell. But the secrets I've told you, you *are* supposed to tell. You tell these secrets just by *being* THE GREAT ME. You don't go around saying "I am THE GREAT ME. You just act THE GREAT ME. People can tell from what you *do* that you are THE GREAT ME. p.41

Each week, all season long, Patty Austin has been introducing Capon kids to this children's classic with special readings in the Main living room. Everyone is invited to come listen after dinner Sunday night at 7:00.

The Capon Weekly,

house newspaper of Capon Springs and Farms, Inc.
P.O. Box 0, Capon Springs, WV 26823
(304) 874-3695, is published weekly in the summer, monthly in the spring and fall. Circulation: 150.
Back issues are in binders in the library.
Managing Editor: Jonathan Bellingham;
Proofreader: Tom Austin; Production: Retta Lockwood