



HYGEIA BATH HOUSE & SPA

The Hygeia Bath House and Spa
is located at Capon Springs & Farms.

Spa Office: (304) 874-3004

Spa Email:

Hygeia@mountain.net

Find out more about the Spa
on Capon Springs and Farms' website:

www.caponsprings.net

Soaking Baths:

Descend down four steps into one of our three tiled baths filled with 500 gallons of pure Capon Water heated to 102 degrees! Each individual private room with 6 x 8 x 3 foot tub and shower is reserved for 30 minutes. When you arrive at the spa, you will be provided with a robe and sandals.

*Great to pair with a Massage, Facial or
Reflexology treatment!*

*\$25.00 for the first person;
Each additional adult: \$10.00*

Aromatherapy Mineral Salts: *Add to your Bath for an additional \$7.00* Mineral-rich ocean and desert salts are combined with essential oil blends to create a natural bath formula that softens and soothes your skin while engaging the senses... choose your scent!

Personal Exercise Pool/Swimspa:

Heated to a comfortable 86 degrees, our 7' x 15' x 4 1/2' deep personal splash pool provides a jetted workout area for swimming, aqua jogging, exercising, floating and having fun! Like the baths, the Swimspa has its own private showering area.

*30 minutes:
\$12.00*

*45 minutes:
\$16.00*

*60 minutes:
\$20.00*

*One additional adult:
\$5.00*

Massage

Enjoy a customized, relaxing treatment with one of our experienced therapists. Our massage therapists are trained in various types of massage. They will discuss with you what would best suit your needs.

30 minutes: \$47.00
Focused treatment of
neck/shoulders/back OR neck/hands/feet

90 minutes: \$120.00
An extended, personalized
full body session

60 minutes: \$90.00
Personalized full body treatment

Pairs Massage (60 minutes): \$180.00
Side by side fully body treatments

Facials:

Refresh and revitalize the delicate skin of your face and neck with this nourishing facial treatment. Not considered a cosmetic skin care treatment, this service focuses on the release of facial tension through massage while replenishing the face with some of the purest products available. After warm towels soaked in Capon Water prep your pores, your face and neck are cleansed, toned and moisturized using products made with ingredients rich in antioxidants, vitamins, and key minerals.

30 minutes: \$50.00

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Create your own package! Consider combining a massage with a facial. Or a soak and a massage. And any time you combine two services, you receive a \$5 discount!
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Reflexology

Treat your feet and your whole body gets a tune up! More than just a foot (or hand) massage, this pressure point therapy improves your circulation and nerve function while releasing body tension.

30 minutes: \$37.00

Personalized treatment on either hands or feet

60 minutes: \$70.00

An extended, personalized session using both foot and hand pressure points

Hot Stone Reflexology

Heated volcanic, basalt stones are held against your feet (and between your toes) with strips of soft flannel while the reflexologist uses another heated stone to work the reflex areas and pressure points. A truly unique, beneficial and most enjoyable experience. Great for sore tired feet!

30 minutes: \$47.00

Personalized Hot stone treatment

60 minutes: \$80.00

An integrated Hot Stone and "Classic" Reflexology Session

Facial Reflexology

Focuses on the on the muscles of the face, stimulating reflex areas for a fresher, brighter look! Works with the body's natural system of circulation and nerve function to melt away stress and tension — leaving mind and body totally refreshed!

35 minutes: \$47.00

Personalized facial treatment

65 minutes: \$90.00

Extended personalized session: customized to your needs

65 minutes: \$80.00

An integrated Facial and "Classic" Reflexology Session