





### Who We Are

Since 1851, prominent Americans have traveled to Capon Springs for rest, recreation and rejuvenation. During the late 19<sup>th</sup> century and early 20th century, the healing spring water was the prescribed medicine of the day.

Family owned and operated since 1932, four generations of the Austin family and co-workers continue the country courtesies of world class resort hospitality. Besides individual getaways, we make Capon an industry "stand out" as a group destination of choice and ideal venue for:

- organizational strategic planning meetings
- · leadership training and team building
- association and corporate conferences
- church retreats for adults and families
- senior and specialty groups (bridge, water color)
- multi-generational family reunions

## Fast Facts:

- 2 hrs west of downtown DC on VA/WV border
- Capacity: 200 adults, 50 children
- Property size: 4,700 scenic acres
- Lodging: 90 rooms with private baths spread over a dozen cottages varying in size
- Meeting space size: 3 rooms for 10-30, 1 room for 30-50 and auditorium for 150-200
- National Register of Historic Places
- No dress code strictly casual!
- 11pm curfew- quiet for good night's sleep

# The Unique Capon Experience

Our secluded mountain environment and word-of-mouth marketing create a peaceful, safe haven and make Capon the resort of choice because:

- All-inclusive lodging (including three daily homemade comfort food meals with ingredients from our farm) and amenities
- Personal service and flexible set up
- Creative meeting spaces
- Evening entertainment (Bingo, live music)
- Hygeia Bath House & Spa
- Nine-hole & executive golf courses with greens fees at only \$25 per day
- · Spring-fed outdoor swimming pool
- Recreational Fun- shuffleboard, croquet, ping pong, disc golf, badminton, fling golf, pickleball, basketball, horseshoes, tennis, fishing, hiking and more
- · Capon spring water flows to all guest rooms

## Groups who have enjoyed Capon:

- Georgetown MEPI
- National Trust
- Functional Fitness
- Long & Foster Realtors
- American Woodmark

### Co-Owner/Host/Group Coordinator Contact:

#### Jonathan Bellingham

304-874-3695 | Jonathan@caponsprings.net

For more group planning information/resources: www.caponsprings.net









