



You've talked about a fall trip to Capon for awhile... is this the year you will make it happen? With four more months and lots of ways to enjoy a Capon visit, we think so! See details inside....

## Dear Capon Friends,

Even though we are in the middle of this busy summer family reunion time, folks are already asking about making their fall Capon plans. So in keeping with our PLAY, SAVE and SHARE theme for 2015, you will notice the abundance of opportunities to enjoy interesting programs, reduced prices and creative ways to spread the word. Don't forget: fall weekdays are great times to enjoy a golf package (\$45) or spa day outing. You might also consider introducing someone new with an outdoor meal on the hill (\$25)!

This year an extra August week before Labor Day means some extra summer fun! Especially for families with kids who go back to school closer to September, the August 23-28 getaway has plenty of day and evening events. One new program for September is the Writers' Retreat, which begins on Labor Day Monday, Sept. 7th. Or be here for the final days of the 2015 season, when we celebrate Veterans Day, November 8-11.

With this year being the 250th anniversary of the "discovery" of the Capon Spring, many guests have returned, some after being away for decades. Drawn back to experience a sense of something familiar and solid, these folks reminded us what a sharp contrast Capon is to the rapid pace of change in the outside world. Whether by water, fresh air, wholesome food or just a good night's rest, Capon continues to offer the chance to restore and rejuvenate body, mind and spirit so one can reenter the world refreshed.

We look forward to catching up with you during the relaxed retreat-like atmosphere of the fall season. This year has shaped up to be our best ever and we thank you for being part of it and bringing others into our circle of friends.

-The Capon Family 304-874-3695 caponsf@mountain.net

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| Fall at a Glance:                             |  |
| Late<br>Summer<br>Getaway                     | A summer reunion with all the fun: BINGO,<br>Star Party, Live Music & Front Porch Dance. Try<br>out the new frisbee golf course, pickleball &<br>family Olympics!  |
| Aug. 23–28                                    | (A variety of rooms are still available!)  |
| Labor Day<br>Weekend                          | Make plans to enjoy some great all-American fun: bandstand concert, best ball golf tourney, BINGO & campfire singalong.  |
| Sept 4–7                                      | (Regular rates apply.)   |
| Nonfiction<br>Writers'<br>Retreat             | Receive expert instruction from two award-<br>winning writers: Ann Hagedorn & Wendy Hart<br>Beckman. Learn strategies & tactics of being a<br>successful nonfiction author.                                |
| Sept. 7–10                                    | (\$450 includes workshop, meals/lodging tax, tip)  |
| Bridge<br>Sept. 20–23                         | Learn from the master as you enjoy three days of cards with Jim Allen! This Capon classic workshop is celebrating its 20th year of providing expert Bridge advice.   |
|   | (\$99/person/night; \$85/person/night w/ shared bath)  |
| \$99/Night<br>Sept. 7—<br>Oct. 1              | \$99* per person per night in September each<br>Sun, Mon, Tues & Wed. (Sept. 7, 8, 9, 13, 14, 15,<br>16, 20, 21, 22, 23, 27, 28, 29, 30)<br>*\$85/person/night w/ shared bath                              |
| Watercolor<br>Workshop<br>Sept. 27–<br>Oct. 1 | Painters of all levels experience the joy of creative painting in this interactive workshop with instructor Fran Call.  (\$99/person/night; \$85/person/night w/ shared bath)                              |
| Quilting<br>Retreat<br>Oct. 4–8               | Have a quilting project you've been meaning to finish (or start!)? Join Capon guest Isobel Meekins and fellow quilters for a fall retreat! (\$99/person/night if participating.)                           |
| 4-Night<br>Special<br>Oct. 18–22              | \$105* per person/night if staying for 4 nights!<br>Enjoy the Big Band music of the Red Arwood<br>Jazz Band on Tues, Oct. 20th.<br>*\$83.75/person/night w/ shared bath                                    |
| Halloween<br>Weekend<br>Oct. 29–<br>Nov. 1    | Create spooktacular Halloween memories with: haunted hayrides, crafts, pumpkin carving, costume parade, trick or treating, campfire & the classic movie, "The Ghost & Mr. Chicken!" (Regular rates apply.) |
| Veterans<br>Day                               | Special Rates & Special Wed. Program:<br>\$99* per person/per night<br>*\$85/person/night w/ shared bath   |
| Nov. 8–11                                     | 200/ herson/linklin m/ stiaten nam   |