



# HYGEIA BATH HOUSE & SPA

The Hygeia Bath House and Spa  
is located at Capon Springs & Farms.

Spa Office: (304) 874-3004

Spa Email:

Hygeia@caponsprings.net

Find out more about the Spa  
on Capon Springs and Farms' website:

[www.caponsprings.net](http://www.caponsprings.net)

## Soaking Baths:

Descend down four steps into one of our three tiled baths filled with 500 gallons of pure Capon Water heated to 102 degrees! Each individual private room with 6 x 8 x 3 foot tub and shower is reserved for 30 minutes. When you arrive at the spa, you will be provided with a robe and sandals.

*Great to pair with a Massage, Facial or  
Reflexology treatment!*

*\$25.00 for the first person;  
Each additional adult: \$10.00*

**Aromatherapy Mineral Salts:** *Add to your Bath for an additional \$7.00* Mineral-rich ocean and desert salts are combined with essential oil blends to create a natural bath formula that softens and soothes your skin while engaging the senses... choose your scent!

## Personal Exercise Pool/Swimspa:

Heated to a comfortable 86 degrees, our 7' x 15' x 4 1/2' deep personal splash pool provides a jetted workout area for swimming, aqua jogging, exercising, floating and having fun! Like the baths, the Swimspa has its own private showering area.

*30 minutes:  
\$12.00*

*45 minutes:  
\$16.00*

*60 minutes:  
\$20.00*

*One additional adult:  
\$5.00*

## Massage

Enjoy a customized, relaxing treatment with one of our experienced therapists. Our massage therapists are trained in various types of massage. They will discuss with you what would best suit your needs.

*30 minutes: \$47.00*

Focused treatment of  
neck/shoulders/back OR neck/hands/feet

*90 minutes: \$120.00*

An extended, personalized  
full body session

*60 minutes: \$90.00*

Personalized full body treatment

Pairs Massage (60 minutes): \$180.00

Side by side fully body treatments

## Facials:

Refresh and revitalize the delicate skin of your face and neck with this nourishing facial treatment. Not considered a cosmetic skin care treatment, this service focuses on the release of facial tension through massage while replenishing the face with some of the purest products available. After warm towels soaked in Capon Water prep your pores, your face and neck are cleansed, toned and moisturized using products made with ingredients rich in antioxidants, vitamins, and key minerals.

*30 minutes: \$50.00*

---

*Create your own package! Consider combining a massage with a facial. Or a soak and a massage. And any time you combine two services, you receive a \$5 discount!*

---

## Reflexology

Treat your feet and your whole body gets a tune up! More than just a foot (or hand) massage, this pressure point therapy improves your circulation and nerve function while releasing body tension.

*30 minutes: \$37.00*

Personalized treatment on either  
hands or feet

*60 minutes: \$70.00*

An extended, personalized session using both  
foot and hand pressure points