



HYGEIA BATH HOUSE & SPA

The Hygeia Bath House and Spa is located at Capon Springs & Farms.
Spa Office: (304) 874-3004
Spa Email: Hygeia@caponsprings.net
Find out more about the Spa on Capon Springs and Farms' website: www.caponsprings.net

Soaking Baths:

Descend down four steps into one of our three tiled baths filled with 500 gallons of pure Capon Water heated to 102 degrees! Each individual private room with 6 x 8 x 3 foot tub and shower is reserved for 30 minutes. When you arrive at the spa, you will be provided with a robe and sandals.

Great to pair with a Massage, or Reflexology treatment!

*\$30.00 for the first person;
Each additional adult: \$10.00*

Aromatherapy Mineral Salts: Add to your Bath for an additional \$7.00 Mineral-rich ocean and desert salts are combined with essential oil blends to create a natural bath formula that softens and soothes your skin while engaging the senses... choose your scent!

Personal Exercise Pool/Swimsa:

Heated to a comfortable 86 degrees, our 7' x 15' x 4 1/2' deep personal splash pool provides a jetted workout area for swimming, aqua jogging, exercising, floating and having fun! Like the baths, the Swimsa has its own private showering area.

*30 minutes:
\$15.00*

*45 minutes:
\$18.00*

*60 minutes:
\$22.00*

*One additional adult:
\$5.00*

Massage

Enjoy a customized, relaxing treatment with one of our experienced therapists. Our massage therapists are trained in various types of massage. They will discuss with you what would best suit your needs.

30 minutes: \$47.00
Focused treatment of neck/shoulders/back OR neck/hands/feet

60 minutes: \$90.00
Personalized full body treatment

Reflexology:

Treat your feet and your whole body gets a tune up! More than just a foot massage, this pressure point therapy improves your circulation and nerve function while releasing body tension.

30 minutes: \$47.00
Personalized treatment of the pressure points on the feet

60 minutes: \$80.00
An extended, personalized session for the pressure points on the feet

