



# HYGEIA BATH HOUSE & SPA

The Hygeia Bath House and Spa  
is located at Capon Springs & Farms.  
Spa Office: (304) 874-3004  
Spa Email:  
Hygeia@caponsprings.net  
Find out more about the Spa  
on Capon Springs and Farms' website:  
[www.caponsprings.net](http://www.caponsprings.net)

## Soaking Baths:

Descend down four steps into one of our three tiled baths filled with 500 gallons of pure Capon Water heated to 102 degrees! Each individual private room with 6 x 8 x 3 foot tub and shower is reserved for 30 minutes. When you arrive at the spa, you will be provided with a robe and sandals.

*Great to pair with a Massage, or  
Reflexology treatment!*

*\$30.00 for the first person;  
Each additional adult: \$10.00*

**Aromatherapy Mineral Salts:** Add to your Bath for an additional \$7.00 Mineral-rich ocean and desert salts are combined with essential oil blends to create a natural bath formula that softens and soothes your skin while engaging the senses... choose your scent!

## Personal Exercise Pool/Swimspa:

Heated to a comfortable 86 degrees, our 7' x 15' x 4 1/2' deep personal splash pool provides a jetted workout area for swimming, aqua jogging, exercising, floating and having fun! Like the baths, the Swimspa has its own private showering area.

*30 minutes:  
\$15.00*

*45 minutes:  
\$18.00*

*60 minutes:  
\$22.00*

*One additional adult:  
\$5.00*

## Massage

Enjoy a customized, relaxing treatment with one of our experienced therapists. Our massage therapists are trained in various types of massage. They will discuss with you what would best suit your needs.

*30 minutes: \$47.00*  
Focused treatment of  
neck/shoulders/back OR neck/hands/feet

*60 minutes: \$90.00*  
Personalized full body treatment

## Reflexology:

Treat your feet and your whole body gets a tune up! More than just a foot massage, this pressure point therapy improves your circulation and nerve function while releasing body tension.

*30 minutes: \$47.00*  
Personalized treatment of the pressure  
points on the feet

*60 minutes: \$80.00*  
An extended, personalized session for the pressure  
points on the feet

