



Capon Springs Menu for 2026 Season

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
BREAKFAST	7 GRAIN and OATMEAL SCRAMBLED EGGS WESTERN SCRAMBLE SAUSAGE STICKY BUNS BISCUITS HASH BROWNS GRAVY	7 GRAIN and OATMEAL EGGS TO ORDER BUTTERMILK PANCAKES BACON BLUEBERRY MUFFINS TOAST (upon request) FRUIT & JUICE TABLES	7 GRAIN and OATMEAL EGGS TO ORDER BUTTERMILK PANCAKES HAM ON GRILL TOAST (upon request) FRUIT & JUICE TABLES	7 GRAIN and OATMEAL EGGS TO ORDER FRENCH TOAST BACON TOAST (upon request) FRUIT & JUICE TABLES
LUNCH	BEEF STEW BISCUITS APPLE SALAD SALAD BAR BREAD PUDDING ICE CREAM	CHICKEN NOODLE SOUP SLICED HAM AND TURKEY SLICED CHEDDAR AND SWISS CUT ROLLS MAC AND CHEESE BAKED BEANS SPINACH SALAD BAR LEMON CHIFFON MIXED BERRIES ICE CREAM OR SHERBET	CHICKEN A LA KING PATTY SHELLS RICE SPICED CARROTS TUNA SALAD MACARONI SALAD SALAD BAR APPLE CRISP w/WHIPPED CREAM SNICKERDOODLE COOKIES ICE CREAM OR SHERBET	BAKED POTATO CHILI (MEAT & VEG) PULLED PORK COLESLAW TURKEY SALAD SANDWICH CUT ROLLS SALAD BAR CHERRY PIE A LA MODE SHERBET ICE CREAM
DINNER	SPAGHETTI, PENNE MEAT SAUCE or MEATLESS SAUCE ALFREDO SAUCE GRILLED CHICKEN BROCCOLI GARLIC ROLLS TOSSED SALAD CHOCOLATE CHIP COOKIES GREEN MINT CHIP ICE CREAM WHITE HOUSE CHERRY ICE CREAM	BBQ CHICKEN-GF/DF SQUASH PUDDING-GF PEAS (no pearl onions)-GF/DF/VG CORN ON COB (in season)- GF/DF/VG ROLLS SALAD BAR APPLE PIE A LA MODE ICE CREAM/SHERBET	CREAM OF PEA SOUP MEATLOAF STEWED TOMATOES SCALLOPED POTATOES GREEN BEANS CREAMY COLESLAW ROLLS PEACH COBBLER (SPRING) PUMPKIN PIE (FALL) ICE CREAM	FRENCH ONION SOUP PORK CHOPS MUSHROOM GRAVY BUTTER AND HERB POTATOES BROCCOLI (SPRING) BUTTERNUT SQUASH (FALL) APPLE SAUCE ROLLS CHOC CHIP CAKE A LA MODE ICE CREAM

	THURSDAY	FRIDAY	SATURDAY	EVENING SNACK
BREAKFAST	7 GRAIN and OATMEAL EGGS TO ORDER BLUEBERRY PANCAKES BACON COFFEE CAKE TOAST (upon request) FRUIT & JUICE TABLES	7 GRAIN and OATMEAL EGGS TO ORDER BUTTERMILK PANCAKES SAUSAGE (LINKS OR PATTIES) ORANGE CAKE TOAST (upon request) FRUIT & JUICE TABLES	7 GRAIN and OATMEAL EGGS TO ORDER FRENCH TOAST BACON TOAST (upon request) FRUIT & JUICE TABLES	SUNDAY: Sticky Buns MONDAY: Pretzels with Mustard TUESDAY: Cookies WEDNESDAY: Cheese & Crackers THURSDAY: Snack Cake FRIDAY: Cookies SATURDAY: Hot Dogs & Hot Dog Rolls Orange Cake
LUNCH	CHICKEN POT PIE BRUSSEL SPROUTS BROCCOLI SALAD SALAD BAR BAKED FUDGE PUDDING W/WHIPPED CREAM BAKED APPLES (FALL) FRUIT CUP (SPRING) ICE CREAM SHERBET	CAPON CASSEROLE or MEATLESS CAPON CASSEROLE ROASTED CAULIFLOWER CORNBREAD & APPLE BUTTER VEGETABLE SALAD APPLE SALAD (FALL) FRUIT SALAD (SPRING) SALAD BAR LEMON MERINGUE PIE GINGER COOKIES	HAMBURGERS MAC & CHEESE STEWED TOMATOES POTATO SALAD SALAD BAR BUTTERSCOTCH SUNDAE APPLE CRISP ICE CREAM FRUIT	
DINNER	FILET MIGNON GRILLED HAM BURGERS & HOT DOGS CORN PUDDING LIMA BEANS POTATO SALAD GARLIC BREAD SALAD BAR BLUEBERRY PIE A LA MODE CHOCOLATE CHIP COOKIES	CREAM OF BROCCOLI FRIED CHICKEN SHRIMP CASSEROLE-GF MASHED POTATOES-GF GRAVY GREEN BEANS-GF/V PIQUANT COLESLAW- GF/V STRAWBERRY SHORTCAKE MOOSETRACKS CANTALOUPE	CREAM OF TOMATO SOUP TURKEY (WHITE & DARK) DRESSING/STUFFING MASHED POTATOES-GF GRAVY BROCCOLI-GF/VF CRANBERRY SAUCE CAESAR SALAD CHOCOLATE PIE W/WHIPPED CREAM FRUIT (SPRING) BAKED APPLES (FALL) PRISCILLA COOKIES	